



THE *Club* AT
WHITE OAKS



IMT

INTEGRATIVE MANUAL THERAPY

WHAT EXACTLY IS IMT?

Are you in chronic pain- avoiding activities you love?
Have you been told there's nothing else to be done?
Have you tried everything and still not feeling better?
See how Integrative Manual Therapy (IMT) can help!

IMT is a holistic health care treatment protocol; a powerful but gentle approach to healing using a unique scientific method while offering education and nutritional support.

IMT can be used to successfully treat all types of pain, dysfunctions and disability, whether acute or chronic ranging from muscular/skeletal injuries, autoimmune disorders to developmental problems.

HOW DOES IMT WORK?

IMT is a hands-on therapy which is clearly different from other modalities; patients are fully clothed while gentle pressures are applied to specific areas in order to release blockages and dysfunctions, opening up the neurological pathways. The treatment is non-aggressive, non-invasive yet profound.

IMT utilizes thousands of individual yet interrelated techniques, which are designed to return you to optimal health. This unique combined systems approach is incorporated into your treatment plan which is the key to attaining and maintaining overall health and well being.



THE BENEFITS OF IMT:

IMT works with your own propensity to heal, allowing you to continue the restorative process even after the treatment is completed!

I believe you can feel better than you do and IMT can help.

Get back to doing what you love with results that last!

MAURA BOMMER CERTIFIED INTEGRATIVE MANUAL THERAPIST
905.688.2032 x5354 • mbommer@whiteoaksresort.com

CALL TODAY FOR A FREE CONSULTATION