

MEDIA RELEASE

The Club at White Oaks Announces New Squash Leadership

Niagara-on-the-Lake, Ontario (March 3, 2014)

The Club at White Oaks is pleased to announce our Squash leadership team for 2014. Heading the future of Squash programming at White Oaks is the very strong duo of Matt Easingwood (Senior Squash Pro) and Cindy Sachvie (Squash Pro).

The Club at White Oaks has a deep history in the sport of Squash with a reputation of developing numerous elite players over the past 30 years. Matt Easingwood has experience as an elite player and is a Level 3 Certified Squash Coach. He has been a Squash Pro at White Oaks for over 13 years. Cindy Sachvie is a Level 1 Certified Squash Coach with 20 plus years of experience as a Squash Pro at White Oaks and she is the proud parent of 3 elite squash players (Chris, Lauren and Nick) who all have played NCAA Div I Squash.

Together with a dedicated group of volunteers, Matt and Cindy are committed to delivering exceptional Squash programming for aspiring youth players, elite junior players, along with beginner to veteran adult enthusiasts. Their goal is to continue the legacy of squash development pioneered by esteemed international squash leader, the late Mark Sachvie. As the premier Squash Tournament host site for local, regional, provincial, national events, the entire team here at White Oaks is positioned to continue to deliver high-quality experiences for athletes of all levels and ages. Both White Oaks and the Niagara Region are especially excited to be the official host site for the Women's World Squash Championships December 2014 to be held in the newly named "Mark Sachvie Squash Centre."

About The Club at White Oaks:

The Club at White Oaks was established in 1978 and has continued to be the Niagara Region's most prestigious and all-encompassing private fitness and racquet club. Featuring six indoor tennis courts, eight squash and two racquetball courts the club also boasts three floors of state of the art fitness equipment for strength and cardio training. Innovative group exercise options include power cycling, yoga, pilates, zumba, aquatics, and in studio strength training options. The Club has the region's best junior programs for both tennis and squash and programming includes instruction from the very young beginner through to high level performance athletes.

For More Information:

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